**Navistar Presents 2012 Healthy Trucking Driver of the Year Award to Alabama Driver**

# Award Honors Real-life Drivers Who Exemplify Healthy Choices and Behaviors

ATLANTA, APRIL 25, 2012 – The Healthy Trucking Association of America (HTAA) today announced the winners of its first-ever Healthy Trucking Awards co-sponsored by Navistar and FusionHealth. At its annual HTAA Summit in Atlanta, Navistar presented the Healthy Trucking Driver of the Year award, which credits the healthy choices and behaviors of real truckers, to Allen Herndon from Heartland Express.

“The health and safety of our drivers are paramount to the success of our industry,” said Thomas Slavin, Global Safety and Health Director, Navistar. “We’re excited to be involved in an organization that rewards drivers who are working to make their personal lives better through diet, exercise, restful sleep and lifestyle changes. Navistar and International Truck works hard to ensure the safety and comfort of the men and women who drive our trucks, and promoting their health and well-being is a natural extension of that.”

Herndon is from Chickasaw, Alabama and has been a driver for more than 20 years. Part of his daily regiment includes running, stationary biking in his cab, preparing his own meals and getting quality sleep. Outside of driving, he is a proud father of three, grandpa and an avid hunter and fisherman.

For winning the award, Herndon receives a $2,500 International Advantage Card Credit, an individual HTAA one-year membership, a feature article in International Trail magazine and an opportunity to share his healthy lifestyle practices through a position as an International Life on the Road blogger. Other finalists for the award included Siphiwe Balekabeyel of Prime, Inc. Robert Dixon of Southeastern Freight Lines, Inc. and Mike Schoelles of Saia,

Inc.

To read about the Healthy Trucking Driver nominees' stories or to learn more about the Healthy Trucking Awards, visit us at:
www.fusionhealth/healthytruckingawards.com

About the FusionHealth
FusionHealth® specializes in integrated care management solutions for companies seeking to reduce health-related costs linked to workplace fatigue and employee sleep disorders. Clinical research has proven that sleep disorders, which remain untreated, cause preventable conditions such as Obesity, Type II Diabetes, Hypertension, Heart Disease and Stroke, that are costing employers millions. FusionHealth's groundbreaking i.AIMTM technology coupled with a unique process to Analyze, Intervene and Manage sleep disorders impacts up to 30% of health-related costs for employees under treatment.
For more information, please see www.fusionhealth.com.

About the Healthy Trucking Association of America (HTAA)
The Healthy Trucking Association of America is the leading health and wellness authority of the trucking industry. The HTAA was the first nationwide organization ever formed for the purpose of addressing the lack of good health among the nation's professional driver population and no other organization or group has done more on a nationwide scale to help drivers get healthy and live longer lives. HTAA offers programs to raise awareness and help improve the health of professional drivers and is the originator and ongoing annual host of the trucking industry's first and single most important annual health and wellness conference, the HTAA Healthy Trucking Summit.
www.healthytruck.org

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